

GANPATI EDUCATIONAL SOCIETY

NEWSLETTER

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Motivates students to pursue their goals despite setbacks

Ganpati Educational Society's commitment to service continues, demonstrating the lasting impact of community-driven educational support initiatives. Their work showcases how targeted interventions can **transform** individual lives and contribute to broader community development.

Bal Mela at Diggall Sr. Sec School Ramshahar: Promoting Menstrual Hygiene Awareness

Ganpati Educational Society recently organized a Bal Mela (Children's Fair) at Diggall Sr. Sec School in their project intervention area. Dr. Roshan Lal Sharma, Project Director, explained that the event's primary objective was to **raise awareness** about menstrual hygiene among adolescents and women.



Key highlights:

- The society's outreach covers 12 panchayats in the Ram Shahar area, impacting 6,000 adolescents and women.
- The Bal Mela attracted 350 participants, including ASHA workers and Anganwadi workers.
- Chief guests included Mr. Sandeep Gularia (Nodal Officer, CSR Project, Vardhman Industries) and Mr. Virender Sharma (State Manager, Vardhman Industries).

Students from various schools actively participated in competitions:

- Declamation
- Skit performances
- Poetry recitation

Orientation on Menstrual Hygiene

Empowering Communities through Project Nandini Ganpati Educational Society, Kunihar (Solan District), Himachal Pradesh, recently conducted a one-day orientation for its CSR Project Nandini, funded by Vardhman Industries. The project aims to promote menstrual hygiene across several panchayats in the Ramshar region near Kunihar.

Dr. Roshan Sharma, Director of the society, welcomed participants and introduced the senior resource person, Dr. Daman Ahuja. With extensive experience in organizations such as the National Health Mission, UNICEF, and the National AIDS Control Organisation (NACO), Dr. Ahuja brought valuable expertise to the session. Throughout the day, Dr. Ahuja facilitated discussions on:

- Field challenges in menstrual hygiene promotion
- Planning for World Menstrual Hygiene Day (May 28th)
- Integrating **mindfulness** into menstrual health education

Utilizing audio-visual aids, Dr. Ahuja provided clear explanations and addressed numerous questions from the organization's social workers. The orientation was attended by Project Coordinator Mr. Suriender and the entire social work team. This comprehensive session equipped participants with essential knowledge and strategies to effectively implement Project Nandini, promoting better menstrual health practices in the region.

“Commitment Dedication and Perseverance”

This event served as a platform to engage the community, particularly young people, in discussions about menstrual health and hygiene. Through creative activities and competitions, the Bal Mela effectively combined education with entertainment, furthering the project's goals of improving menstrual awareness in the region.

